WHAT IS CLAIMED IS:

1. A method for updating a cache, comprising

regenerating a request from metadata associated with previously stored content;

receiving new content, wherein the new content is generated based on the request; and

replacing the previously stored content with the new content in the cache.

2. The method of claim 1, further comprising receiving information on updated content.

3. The method of claim 2, wherein the request is regenerated in response to the information received.

4. The method of claim 3, wherein the metadata is template metadata or request metadata and the information received pertains to the template metadata or the request metadata.

5. The method of claim 4, wherein the information is received by a cache manager.

6. The method of claim 5, wherein the request is regenerated by the cache manager.

7. The method of claim 6, further comprising sending the information, wherein the information is sent by an application manager.

8. The method of claim 7, wherein the information is sent in response to a content change, metadata change, or template change.

9. The method of claim 8, wherein the information is sent via HTTP or JMS.

10. The method of claim 3, further comprising locating the previously stored content in the cache.

11. The method of claim 10, wherein locating previously stored content comprises comparing the received information with the template metadata associated with the previously stored content.

12. The method of claim 10, wherein locating previously stored content comprises comparing the received information with the request metadata associated with the previously stored content.

13. The method of claim 1, wherein regenerating the request is not based on a user request.

14. The method of claim 13, wherein regenerating the request is based on a timer.

15. The method of claim 14, wherein the timer is associated with the previously stored data.

16. A system for updating a cache, comprising

a cache manager operable to

regenerate a request from metadata associated with the previously stored content;

receive new content, wherein the new content is generated based on the request; and

replace the previously stored content with the new content in the cache.

17. The system of claim 16, wherein the cache manager is further operable to receive information on updated content.

18. The system of claim 17, wherein the request is regenerated in response to the information received.

19. The system of claim 18, wherein the metadata is template metadata or request metadata and the information received pertains to the template metadata or the request metadata.

20. The system of claim 19, further comprising an application manager operable to send the information.

21. The system of claim 20, wherein the information is sent in response to a content change, metadata change, or template change.

22. The system of claim 21, wherein the information is sent via HTTP or JMS.

23. The method of claim 18, further comprising locating the previously stored content in the cache.

24. The system of claim 23, wherein locating previously stored content comprises comparing the received information with the template metadata associated with the previously stored content.

25. The system of claim 23, wherein locating previously stored content comprises comparing the received information with the request metadata associated with the previously stored content.

26. The system of claim 16, wherein regenerating the request is not based on a user request.

27. The system of claim 26, wherein regenerating the request is based on a timer.

28. The system of claim 27, wherein the timer is associated with the previously stored data.

29. A software system for updating a cache, comprising machine or computer readable media containing instructions translatable for:

regenerating a request from metadata associated with the previously stored content;

receiving new content, wherein the new content is generated based on the request; and

replacing the previously stored content with the new content in the cache.

30. The software system of claim 29, further comprising instructions translatable for receiving information on updated content.

31. The software system of claim 17, wherein the request is regenerated in response to the information received.

32. The software system of claim 31, wherein the metadata is template metadata or request metadata and the information received pertains to the template metadata or the request metadata.

33. The software system of claim 32, wherein the information is received by a cache manager.

34. The software system of claim 33, wherein the request is regenerated by the cache manager.

35. The software system of claim 34, further comprising

instructions translatable for sending the information, wherein the information is sent by an application manager.

36. The software system of claim 35, wherein the information is sent in response to a content change, metadata change, or template change.

37. The software system of claim 36, wherein the information is sent via HTTP or JMS.

38. The software system of claim 31, further comprising instructions translatable for locating the previously stored content in the cache.

39. The software system of claim 38, wherein locating previously stored content comprises comparing the received information with the template metadata associated with the previously stored content.

40. The software system of claim 38, wherein locating previously stored content comprises comparing the received information with the request metadata associated with the previously stored content.

41. The software system of claim 29, wherein regenerating the request is not based on a user request.

42. The software system of claim 41, wherein regenerating the request is based on a timer.

43. The system of claim 42, wherein the timer is associated with the previously stored data.